

# Compare quick care options for your TG plan to help keep costs down.

Call 911 or go to an emergency room (ER) if you have a life-threatening condition. For everything else, see your primary care physician (PCP) or family doctor first. If seeing your PCP isn't possible, it's important to know your quick care options, especially before heading to an ER.

Getting care at the best place for your condition could **save you up to \$1,800 compared to an ER visit**. For more details on quick care options, visit [uhc.com/checkchoosego](http://uhc.com/checkchoosego).

**START HERE**

## Quick Care Options



**TOYODA GOSEI**



**PCP**

Care from the doctor who knows you best.



**Virtual Visits**

See a doctor whenever, wherever.



**Convenience Care**

Basic conditions that aren't life-threatening.



**Urgent Care**

Serious conditions that aren't life-threatening.



**Emergency Room**

Life- and limb-threatening emergencies.

	PCP	Virtual Visits	Convenience Care	Urgent Care	Emergency Room
Cost	Prime plan \$20 Optimal plan- \$65 average cost	Prime plan-\$0 Optimal plan-\$49 cost	Prime plan- \$15 copay Optimal plan- \$75 average cost	Prime plan-\$25 copay Optimal plan \$175 average cost	Prime plan \$300 copay Optimal plan-\$1000 average cost
Hours	Varies by location	24/7	Varies by location	Varies by location — may be open nights/ weekends	24/7
How to Connect	Contact your PCP	<a href="http://myuhc.com/virtualvisits">myuhc.com/virtualvisits</a>	<a href="http://myuhc.com">myuhc.com</a> <sup>®</sup>	<a href="http://myuhc.com">myuhc.com</a>	<a href="http://myuhc.com">myuhc.com</a>

**\*\*Preventive Care covered at no cost under all plans\*\***

✓ indicates the recommended place for care for the following common conditions:

Broken bone				✓	✓
Chest pain					✓
Cough	✓		✓		
Fever	✓		✓		
Muscle strain	✓				
Pinkeye	✓		✓		
Shortness of breath					✓
Sinus problems	✓		✓		
Sore throat	✓		✓		
Sprain	✓			✓	
Urinary tract infection	✓		✓		



**Need to find a network provider or PCP?** Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to [myuhc.com](http://myuhc.com). **Not sure where to go for care?** Call the number on your health plan ID card.